


Pool Canvas

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Name Chapter 01: Concepts and Trends in Healthcare

Description Diploma exported pool

Instructions

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[◀ Add Question Here](#)

Question 1 **Multiple Choice** **1 points**

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Question When providing care to a client, what perspective does the nurse follow?

- Answer**
- A. Viewing the client's health as treating the client's body
 - B. Viewing the client's health in terms of the client's health beliefs
 - ✓ C. Viewing the client's health as a balance of body, mind, and spirit
 - D. Viewing the client's health along with the client's family's health

Correct Feedback A nurse practices from the perspective of holism. Holism means viewing a person's health as a balance of body, mind, and spirit. Treating only the body will not necessarily restore optimal health. When providing healthcare to a client, a nurse should not view the client's health in terms of the client's health beliefs or along with the client's family's health.

Incorrect Feedback A nurse practices from the perspective of holism. Holism means viewing a person's health as a balance of body, mind, and spirit. Treating only the body will not necessarily restore optimal health. When providing healthcare to a client, a nurse should not view the client's health in terms of the client's health beliefs or along with the client's family's health.

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Question 2 **Multiple Choice** **1 points**

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Question Managed care organizations are insurers that carefully plan and closely supervise the distribution of healthcare services. What is one of the goals of managed care?

- Answer**
- ✓ A. Preventing illness through screening and promotion of health activities
 - B. Improving training of healthcare professionals
 - C. Eliminating health disparities between segments of the population
 - D. Providing hospice or home hospice care

Correct Feedback Preventing illness through screening and promotion of health activities is one of the goals of managed care. Improved training of healthcare professionals is the priority for international health and not the goal of managed care. Eliminating health disparities between the segments of population is a goal of Healthy People 2010. Providing hospice or home hospice care is only for terminally ill clients.

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Question 3 **Multiple Choice** **1 points**

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Question For those with no healthcare insurance, what healthcare delivery method do they access that involves long waits and no follow-up care?

- Answer**
- A. Secondary care in a diagnostic center
 - ✓ B. Primary care in an emergency department
 - C. Tertiary care in a specialty hospital
 - D. Skilled nursing care in a nursing home

Correct Feedback When an illness becomes so severe that the only option is to seek medical attention, many clients visit their local hospital's emergency department for primary care. This expensive alternative usually involves long waits and no follow-up care. Secondary care includes referrals to facilities for additional testing, such as cardiac catheterization, consultation, and diagnosis. Tertiary care is provided in hospitals where specialists and advanced technologies are available. Skilled nursing care occurs in facilities or units that offer prolonged health maintenance or rehabilitative services, such as long-term care or extended care facilities.

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Question 4 **Multiple Choice** **1 points**

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Question What is an entitlement program designed to serve the poor that is administered by the state?

- Answer**
- A. Wellness program
 - B. Medicare
 - C. Medigap
 - ✓ D. Medicaid

Correct Feedback Medicaid is a state-administered entitlement program designed to serve the poor. Medicaid programs include hospitalization, diagnostic tests, physician visits, rehabilitation, and outpatient care. A wellness program is a part of the integrated delivery system and is not designed to serve the poor. Medicare is a federally run program financed primarily through employee payroll taxes. Medigap insurance is obtained to cover medical expenses.

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Question 5 **Multiple Choice** **1 points**

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Question In an effort to cut costs, hospitals have instituted many changes. Which of these cost-cutting factors is likely to jeopardize the quality of care?

- Answer** A. Using unlicensed assistive personnel
 B. Increasing numbers of clients in hospitals
 C. Not devoting enough time to the client
 D. The rise of medical care costs in healthcare systems

Correct Feedback Hospitals are using unlicensed assistive personnel to perform some duties practical and registered nurses once provided. Many are concerned that the use of unlicensed assistive personnel will jeopardize the quality of care. Increasing numbers of clients in hospitals, not devoting enough time to the client, or the rise of medical costs are less likely to jeopardize the quality of care.

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Question 6 **Multiple Choice**

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Question When caring for a client in today's healthcare arena, it is important for the nurse to include which action to promote national healthcare goals?

- Answer** A. Communicating with clients about various choices they can make about healthcare
 B. Helping the client and family members to live a life free of mental and physical illnesses
 C. Giving information about preventive measures for various diseases
 D. Visiting clients regularly after they have been discharged from the hospital

Correct Feedback A nurse must communicate with clients about the various choices that they can make about their healthcare. Helping the client and family members to live a life free of mental and physical illnesses is not the duty of a nurse, nor is giving information about preventive measures for various diseases or visiting clients regularly after they have been discharged from the hospital.

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Question 7 **Multiple Choice**

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Question A client believes that restoring optimal health takes more than treating the body; the client believes that the mind and spirit must be addressed as well. What is this perspective of health?

- Answer** A. Wellness
 B. Equilibrium
 C. Holism
 D. Balance of body

Correct Feedback Holism means viewing a person's health as a balance of body, mind, and spirit. Treating only the body will not necessarily restore optimal health. Wellness is a state of being involving a constant effort to stay healthy and achieve the highest potential for total well-being. Equilibrium is the condition in which competing forces are balanced. The balance of body aligns with the mind and the spirit to complete the view of holism.

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Question 8 **Multiple Choice**

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Question Fifteen years ago a client's right leg was lost in a motor vehicle accident. Since then, the client and the client's spouse have formed a walking group to raise money for the homeless. Why would the client be considered healthy?

- Answer** A. The client is married and is moving on.
 B. The client is experiencing high quality of life within the limits of the physical condition.
 C. The client is facing various states of health and illness.
 D. The client is physiologically and psychologically stable.

Correct Feedback Clients adapt physically, emotionally, and socially, enabling them to maintain comfort, stability, and self-expression. Clients with chronic illness can achieve a high level of wellness and experience high quality of life. Marriage is an aspect of quality of life but does not define the quality of the client's life. All clients experience various states of health and illness.

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Question 9 **Multiple Choice**

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Question A 17-year-old client is having protected sex one to two times a week in a monogamous relationship. What is the client participating in?

- Answer** A. Health promotion
 B. Health maintenance
 C. Illness prevention
 D. Wellness

Correct Feedback Protecting one's current level of health by practicing safe sex to prevent illness is an example of a health maintenance activity. Health promotion strategies are used to enhance health, such as eating a diet high in fiber. Illness prevention includes identifying risk factors such as hypertension. Wellness is the balance of total well-being.

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[Add Question Here](#)

Question 10 **Multiple Choice**

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Question A client complaining of bloody urine has scheduled an appointment with a family practitioner. What type of care is the client receiving?

- Answer**
- A. Tertiary
 - B. Secondary
 - C. Convalescent
 - ✓ D. Primary

Correct Feedback The first provider that clients contact about a health need provides primary care; this person is typically a family practitioner or nurse practitioner. Secondary care includes referrals to facilities for additional testing. Tertiary care is provided in hospitals where specialists and advanced technologies are available. Convalescent care helps clients recover health gradually after an illness.

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[◀ Add Question Here](#)

Question 11 **Multiple Choice** **1 points**

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Question A pregnant woman has seen her OB-GYN for her eight-week checkup and now needs to go to the lab for an alpha-fetoprotein test. This referral for testing is an example of what type of care?

- Answer**
- A. Tertiary
 - B. Diagnostic
 - ✓ C. Secondary
 - D. Primary

Correct Feedback Referral to facilities for additional testing, consultation, and diagnosis is an example of secondary care. Primary care is the initial contact that a person has, such as an appointment with a family practitioner. Tertiary care is provided in hospitals where specialists and advanced technology are available. Diagnostic treatment is used to identify a particular disease.

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Question 12 **Multiple Choice** **1 points**

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Question The hospital is having a problem with specimen accuracy. A committee has been established to study the problem and make recommendations. The nurse working on the committee knows that this work addresses what?

- Answer**
- A. Inpatient quality indicators
 - B. Prevention quality indicators
 - ✓ C. National Patient Safety Goals
 - D. Patient safety indicators

Correct Feedback The Joint Commission has established National Patient Safety Goals that are updated annually. These safety goals have changed how patients are identified and prevent adverse effects. Some of the 2009 goals include improving the accuracy of client identification. Patient safety indicators reflect the quality of care in hospitals but focus on potentially avoidable complications. Prevention indicators identify hospital admissions that could be avoided through high-quality outpatient care. Inpatient indicators reflect quality of care inside the hospital.

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Question 13 **Multiple Choice** **1 points**

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Question After hip surgery a client is admitted to the rehabilitation hospital. What type of care is the client receiving?

- Answer**
- A. Secondary
 - ✓ B. Tertiary
 - C. Rehabilitation
 - D. Primary

Correct Feedback Hospitals where specialized technology is available provide tertiary care. Primary care is the initial contact that a client has, such an appointment with a family practitioner. Secondary care includes referrals for additional testing. Rehabilitation is aimed at restoring a person to his or her fullest ability.

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[◀ Add Question Here](#)

Question 14 **Multiple Choice** **1 points**

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Question An older man has been sick for three weeks but will not seek medical help even though he is able to get to the doctor's office. The client does not know what his insurance will cover. The client has many medical bills from treatments not covered and does not want to be faced with more. Why is this client waiting to obtain medical treatment?

- Answer**
- ✓ A. Cost
 - B. Language
 - C. Accessibility
 - D. Culture

Correct Feedback Many groups, such as ethnic minorities and older adults, are underserved; many do not seek early services because they cannot afford to pay for them. Accessibility is not an issue because the client is able to get to the office. No cultural or language barrier is mentioned.

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[◀ Add Question Here](#)

Question 15 **Multiple Choice** **1 points**

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Question Two clients are having joint replacement surgery on different joints. The nurse manager of the unit knows that there is a predetermined payment for this procedure because of what?

- Answer**
- A. Social Security
 - B. Medicare and Medicaid
 - ✓ C. Diagnosis-related groups
 - D. Private pay insurance

Correct Feedback Diagnosis-related groups are one classification system used to group inpatient hospital services for clients with similar diagnoses; these services are then reimbursed at the same rate. Social Security, Medicare, Medicaid, and private pay insurance are payment systems that pay for the procedures.

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[◀ Add Question Here](#)

Question 16 **Multiple Choice** **1 points**

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Question A single parent with two children and limited resources is seeking financial assistance for medical care. What is the most likely source of the funding that is being sought?

- Answer**
- ✓ A. Medicaid
 - B. Medicare
 - C. Medigap
 - D. Mutual coverage

Correct Feedback Medicaid is a federally funded state-run program that provides medical assistance to individuals and families with limited income and resources. Medicare covers people who are 65 and older, those who are permanently disabled, and those with end-stage renal disease. Medigap insurance is sold by private insurance companies to cover what Medicare does not cover. Mutual coverage is a type of private insurance that can be bought.

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Question 17 **Multiple Choice** **1 points**

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Question A client who has been hospitalized for a week has developed a pressure ulcer on the sacrum. This case highlights which potential quality concern according to the Agency for Healthcare Research and Quality?

- Answer**
- A. Prevention quality indicator
 - B. Inpatient quality indicator
 - ✓ C. Patient safety indicator
 - D. Pediatric quality indicator

Correct Feedback Patient safety indicators reflect the quality of care in hospitals but focus on potentially avoidable complications. Prevention indicators identify hospital admissions that could be avoided through high-quality outpatient care. Inpatient indicators reflect quality of care inside the hospital. Pediatric indicators reflect quality of care inside hospitals and identify potentially avoidable hospitalizations among children.

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Question 18 **Multiple Choice** **1 points**

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Question Unlicensed assistive personnel are performing duties that nurses once provided. This change is an effect of which of the following?

- Answer**
- A. Trends in healthcare
 - B. Integrated delivery systems
 - ✓ C. Cost-driven changes
 - D. Health maintenance

Correct Feedback Cost-driven changes in the healthcare industry are causing hospitals to use unlicensed personnel to perform some duties nurses once provided. Trends in healthcare are current issues and progression of healthcare. Integrated delivery systems provide highly coordinated and cost-effective care. Health maintenance refers to protecting one's current level of health by preventing illness or deterioration.

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Question 19 **Multiple Choice** **1 points**

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Question The Healthy People initiative targets the improvement of health for all. In addition to eliminating health disparities, what are the broad goals of this plan?

- Answer**
- A. Increasing technological innovations
 - B. Preventing treatable problems
 - C. Applying a systematic approach to health improvement
 - ✓ D. Increasing the quality and length of a healthy life

Correct Feedback Two broad goals of the Healthy People initiative are to increase quality and years of healthy life and eliminate health disparities. Healthy People initiatives will help with treatable problems but will not prevent problems. The initiative does not apply a systematic approach to health improvement or increase technological innovations.

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[◀ Add Question Here](#)

Question 20 **Multiple Choice** **1 points**

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Question A client with a diagnosis of arthritis is having pathologic changes. What are these pathologic changes attributable to?

- Answer**
- A. Health
 - B. Illness
 - ✓ C. Disease
 - D. Wellness

Correct Feedback Pathologic changes that produce clinical signs and symptoms are associated with a disease that is definitive and measurable. By contrast, illness is a state of being sick and is highly individual. Health is a state of physical, mental, and social well-being. Wellness is a healthy balance and overall feeling of well-being.

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Question 21 **Multiple Choice**

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Question What method for financing healthcare is based on the ability to keep clients healthy and out of the hospital through periodic screening, health education, and preventive services?

- Answer**
- A. Managed care
 - B. Prospective payment
 - ✓ C. Health maintenance
 - D. Physician hospital organizations

Correct Feedback Health maintenance organizations strive to keep their costs low and members out of the hospital through periodic screenings, health education, and preventive services. Managed care organizations are insurers that carefully plan and closely supervise the distribution of healthcare services. Prospective payment systems are a method of reimbursement. Physician hospital organizations create a corporate structure between hospitals and groups of physicians.

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